

What parents have said about Peep...

'The group is a safe place for children and parents to share experiences and learn from each other'

'I have found coming to the group a good opportunity to talk with other mums and dads and it's helped my mood'

'The group has helped my confidence in various ways'

'The group is very friendly and welcoming. There are lots of activities that relate to the session topic and I really like the ORIM'



To book onto a Peep group please contact us on:

Telephone— 0115 876 3343

Email—

CityWideEarlyHelpTeams@nottinghamcity.gov.uk

[Stay in touch](#)

 www.facebook.com/NottinghamEarlyHelpChildrensCentres



www.Asklion.co.uk

people

The Peeple Centre
PO Box 1404
Oxford OX4 6XW

Peeples is a charity that trains practitioners and works with families - enhancing children's development by making the most of play and learning opportunities in everyday life.

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peep

**supporting parents and children
to learn together**





The Peep Learning Together Programme is an evidence-based programme which provides information on child development and supports you in enhancing the home learning environment and supporting your child's development. Peep can support you make a real difference just by talking, playing, singing and sharing books or activities together. This is achieved by exploring topics within the 5 strands of learning.

The 5 strands of learning include:

- Personal, social and emotional development
- Communication and language
- Early literacy development
- Early numeracy development
- Health and physical development

Peep is also an excellent opportunity for you and your child to make friends in a safe and friendly environment.

Our Peep programmes run weekly for **6-12 weeks**. Sessions typically last 1.5 hours and are delivered in **face to face groups, 1-to-1 session or virtually** using the ORIM framework.

ORIM stands for **Opportunities, Recognition, Interaction and Modelling** these 4 elements of Peep help you to understand the importance of sharing ideas for **opportunities** through everyday experiences, **recognising** achievements and valuing children's efforts, **interacting** with children and the importance of being a **model** for children.



What does a Peep session look like?

Peep sessions typically include:

- Welcome and Hello song
- Peep singing time
- Talk time – a different topic will be covered each session
- Activities/Free play
- Story time
- Parents song choice
- Goodbye song

Please note: This order may vary between sessions

What programmes can I access?

Peep programmes offered by Early Help include:

Watch Me Grow which is aimed at parents with babies 0-9 months

Inbetweenies which is aimed at parents with toddlers 9-18 months

Getting Ready for Nursery which is aimed at parents with children aged 18 months – 2 years+

Chatter Matters which focuses on speech, language and communication development

Please note: Programmes offered differ between centres.